

KILMERSDON PARISH NEWS



SEPTEMBER/OCTOBER 2022



By now, many of you will have heard of the sad death of Sue, co-editor of this magazine. Being involved in so many other things in and around Kilmersdon, she will be badly missed by many people! On a personal level, I found Sue an amazing person to work with. She was always patient with me and yet so positive and upbeat, with a great sense of humour! Due to her background in publishing, it was she who 'smartened up' each issue of the Parish News, proof reading and correcting all the errors.

I will miss her so much and I'm sure you will all join me in offering our sincere condolences to her husband, Roger, and the rest of the family. On page 5 you will find details of a memorial service for her, to be held on Saturday 15th October in the church.

Best wishes
Penny Hutton.

In happier news, we are delighted to announce the birth of Wilf James Ramsay, on 10th August to Ed Ramsay and Jess Prout. They live in Ragg House, Silver Street with their 3 year old daughter Emilia, who will undoubtedly 'help' to look after her baby brother! Mum and baby are both doing extremely well.



Thank-you to Platinum Jubilee Organising team



Many of you had a visit from Rosie Kane or me to ask if you would like to make a donation towards 'Thank You' gifts for Martin & Frances Horler and Yvonne Kirby, who did all the hard work of planning and organising the wonderful celebrations that we all enjoyed! We're delighted to let you know that we raised over £200, so were able to give each of them a Dobbies voucher, together with a box of chocolates and a thank you card from villagers. We presented these to them when those who were involved in the running of the Festival were assembled at the Horler's house at the end of September.

I would also like to express my sincere thanks to Phil Preen, who very kindly offered to have a go at ordering all the articles for the current copy of the KPN. Apart from the really sad death of Sue Meadows, unfortunately Lisa Ferron, who normally collates and orders the items, was not able to do so this month. Phil has proved himself to be a wizz with the computer and an absolute godsend. Thank you so much Phil, you're a star!

Penny Hutton

Yvonne, Martin and Frances thank you all so much for our gifts for organising the Platinum Jubilee celebrations in June: the extremely generous Dobbies voucher, the chocolates/tea and cards with such kind words. We were thrilled to see the community come together to support and contribute to the Jubilee events and were left speechless by the so unexpected gifts (no mean feat!).

Copies of the final accounts are available if you would like one: they show that we still have £710.75 left in the kitty. So, what would you like us to do with it as a memorial to the Platinum Jubilee? We have had suggestions of a Public Seat with a plaque commemorating the event; a suggestion of another ceilidh to bring the village together or to give it to Kilmersdon Groundforce for the hanging basket fund **BUT we want YOUR suggestions.** Please submit your ideas to Yvonne Kirby or Martin & Frances Horler by September 30th. We will then put a Ballot Paper in the next Parish News.

Yvonne, Frances and Martin

REEL PEOPLE FILM SOCIETY'S 25TH SEASON

Kilmersdon Village Hall - Doors open 7.15 - Film starts 8pm
 Membership £20 for 12 films (Guests £5 per film)

Friday 9th September 2022

THE DUKE (12) 95 minutes

The tantalising theft of a major artwork is followed by an attempt at blackmail. Jim Broadbent's highly principled character becomes full of mischief and concern as the scheming begins to get out of control. This is all to the chagrin of his wife played by Helen Mirren in what is a very unusual role for her.



Friday 7th October 2022

PETITE MAMAN 2021 (U) (F) 73 minutes

French with subtitles

Following the death of her grandmother, Nelly goes with her parents to clear the old family home. In the woods she meets a girl of her own age named Marion. But who is she? A quiet, subtle and thought-provoking film.



Friday 28th October 2022

THE FATHER 2020 (12) 97 minutes

In a powerful film, an unforgettable descent into the depths of one man's mind that traps the audience in their seats as they desperately try to escape, just as the main character does. It is not a film you just watch – it is a film you experience.



A very big thank you to Stuart Horler for keeping our end of the village looking perfect he not only clears the weeds from the pavement and the roadside this time of year. But he clears all the leaves at the start of the winter. Well done Stuart!
 Jenny Jones



Do you have a car and can spare a few minutes a day to earn a few quid?

I am looking for someone to drive my boys to and from school in Westfield from just outside Kilmersdon

Please call 07967 013179



A Little Guidance on Finding Our Way Through The Peaks and Valleys of Life

Patrick Leo Holland

This Month - On Talent and Potential

Talent and potential are often thought to be quantifiable and most fields have sliding scales to measure them. People in every walk of life are initially judged to be more gifted than others and thought to have more potential in one area than someone else, purely because they at first exhibit visible, raw natural talent.

They can run fast, throw far, understand a maths problem at first glance, or grasp a concept more quickly than the next person. Others are compared to them and led to believe that, because they don't naturally exhibit the same skill sets, they are not as talented, are average, should not reach too high and should settle for a life path based only on the talent that is initially visible.

Oh how society loves to put people in a box! My advice ... if you have been nudged towards that kind of box and you don't want to be in it; say thanks but no thanks, and don't wait for tomorrow to do it, do it today.

What might be a good way to do that? If there is something that you are naturally drawn to doing or a change that you want to make ... as long as it won't hurt anyone physically, morally, emotionally or spiritually, then take the first step towards it as soon as you possibly can.

Why? Because by opening up that thing you are drawn to, you are almost definitely following your heart; and the more you follow your heart, from my experience, over time, the bigger the smile on your face will be.

Patrick, a local resident of Kilmersdon, is An Actor, Teacher, Author of The Ultimate Power of You, 'A guide to Honouring Your Time' and co-host of The Radio Show and Podcast - 'Living Beyond Fear' at Frome FM.

info@theultimatepowerofyou.com

Nic Edwards

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nicolae@somersetccc.org.uk

Check out the CCS Village & Community Agents website

www.somersetagents.org

or the CCS website:

www.ccslovesomerset.org

Kilmersdon W.I

Every 2nd Thursday of the month
7.15pm, Kilmersdon village hall.

8th September talk:

The American Museum

13th October talk:

Pest Control

Viv Love 01761 414419

Sue Meadows

The death of Sue Meadows has come as a very real shock to everyone who knew her. The funeral at Mendip Crematorium on Friday 19th August was invitation only. However, there will be a celebration of Sue's life on Saturday 15th October at 12:00 noon in St Peter and St Paul Kilmersdon, and all are very welcome. Please spread the word.

In asking what Sue did in and around Kilmersdon, the question is not what she did, but what she didn't do - she did so much. She was of course part of the ministry of St Peter and St Paul, and last year was still serving on the Parochial Church Council. She became involved in the Coles Garden Meeting room, the Village Day Committee and the Kilmersdon Art Group. She also worked on the Millennium Project for Kilmersdon, putting forward the idea that Jack and Jill Hill should be emphasised, and this became a focus for the project.

Sue was a Trustee and Chair of the Ammerdown Centre, turning it round in a difficult situation. She sang in the Jenny Peplow Choir; was involved with the Inner wheel, the Fosseyway Bowls Club, and the Royal National Osteoporosis Society where she was given an award.

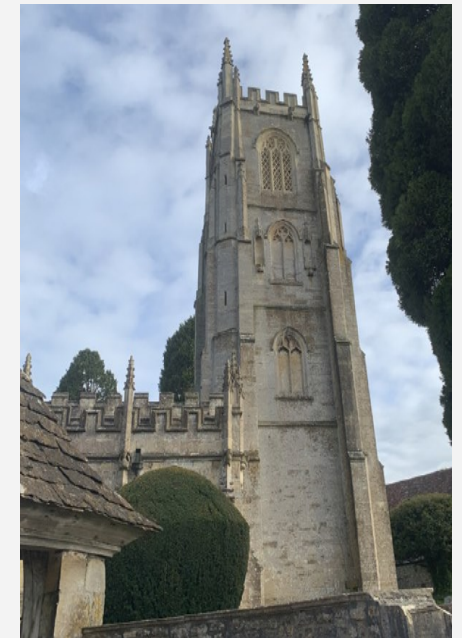
She was also joint Editor of this Kilmersdon Parish News, doing so much for the village. Our thoughts and prayers must go especially to Penny as she carries on doing this without Sue.

I send out a newsletter to all church members in Kilmersdon, Coleford and Holcombe and, while she was ill, Sue would always reply commenting on what I was doing and saying how much she felt our prayers were helping her. Her great faith means that she had no doubt as to where she has gone - she will be with Jesus, leading a far better life, and being reunited with grandson Wilby and all who have gone before. Our prayers are with Roger.

I will look forward to seeing as many of you as possible on Saturday 15th October.

This comes with love and every blessing,

Revd Clarissa Cridland



Kilmersdon Gardeners August meeting

by Claire Weeks



On a hot evening Carrie Packenham arrived with a car loaded with potted plants, an indication of her passion for herbs. She informed the club that her main reason for growing them was the history of their use. By widening her definition from the usual one of plants grown for culinary or medicinal use to that of ‘any plant, tree or shrub which you can use’ she discussed plants like woad (blue dye) and weld or dyers rocket (orange dye). Some of our Christmas traditions are an extension of pagan beliefs that holly could ward of evil with its prickles and that evergreen ivy was a strong, protective plant.

Passing round posies for the audience to identify, Carrie picked out the scented pink blossoms of soapwort, which even today the National Trust uses to wash delicate old fabrics although it apparently takes some time and dedication to extract the ‘soap’ from the roots of the vigorous shrub. Many flowering herbs such as santolina, ladies bedstraw and lavender were used on medieval floors as strewing herbs to overpower any whiffs and as replaceable carpets.

Southernwood was used in nosegays – this evergreen bush with leaves reminiscent of yew would have been especially effective given that it is now recognised to have antibacterial properties. Garlic of course is well-known for its immune boosting properties and effectiveness in treating coughs and colds. Somewhat more palatable would be the cough medicine Carrie has used for her own children comprising equal quantities of blackberries and elderberries gently simmered then strained through muslin before being warmed through with a spoonful of honey, and perhaps lemon juice, before bottling.

Continuing with the medicinal theme Carrie noted that sphagnum moss has long been used for bandaging wounds and was on a list of plants the population was asked to gather for use on the front during the First World War: it has also been used as nappies. Rosehips were also gathered to provide vitamin C in the absence of citrus fruits. Cautioning against self-medication, Carrie mentioned that both foxglove and valerian extracts have sedative properties, and that aconite could provide relief from joint or nerve pain. Tansy, a yellow-flowering plant is a useful fly-repellent when cut and hung in bunches, for example in a kitchen.

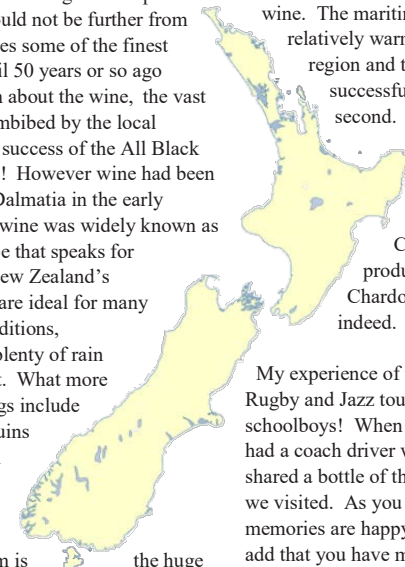
Carrie demonstrated how to take cuttings from a variety of plants whilst discussing the value of steeped Comfrey as a fertiliser and that Borage can help tomatoes to ripen as well as providing lovely little blue flowers that bees adore, and which are often used to decorate Pimms. Many herbs can be divided up and repotted, and a useful gift is to provide a selection of herbs in a pot underplanted with bulbs. Her home-made jellies and copies of her book on jelly making were also on sale.

Our next meeting is on Wednesday 14th September, doors open at 7.15pm in Kilmersdon Village Hall BA3 5TG, our speaker will be Fiona Haser Bizony sharing with us how to set up an organic flower farm from scratch. Visitors and new members warmly welcomed.

The copy date for the next issue is 20th October. Please restrict articles to 350 words and notices to 100 words. Items for inclusion to be sent by email to kilmersdonnews@gmail.com — We reserve the right to edit any item submitted.

Hugh’s views on New Zealand Wine

Why New Zealand? Well it is high time we ceased to confine ourselves to Europe. To assume no other continent can match ours is arrogant and quite wrong. New Zealand could not be further from our shores, but it produces some of the finest wines in the world. Until 50 years or so ago nobody knew very much about the wine, the vast majority of which was imbibed by the local population. Perhaps the success of the All Black rugby teams is the result! However wine had been grown by settlers from Dalmatia in the early twentieth century. This wine was widely known as “Dally Plonk” and maybe that speaks for itself! More seriously New Zealand’s climate and topography are ideal for many reasons: Temperate conditions, mountains and valleys, plenty of rain and no great risk of frost. What more could you ask? The snags include years when heavy rain ruins the harvest or worse still and fierce winds on the mountainside and possible hail storms. Another problem is the huge distance to convey the wine to the thirsty European market, not to mention the expense. Until recently we did not see much New Zealand wine on our supermarket shelves, but now, thank goodness, you will be richly rewarded. Look for brand or regional names on the labels, for instance Marlborough, Mountford, Hawke’s Bay,



Martinborough, Otago, Dry River and so on. Hawke’s Bay was where Marist Missionaries planted their first grapes in the mid 19th century. This is the region of claret style reds with the crisp definition so typical of New Zealand wine. The maritime climate is near perfect and relatively warm. This is the most productive region and the Merlot grape the most successful. Chardonnay comes a close second. Pinot Noir flourishes in the Martinborough area. Both regions are in the North East of North Island. As for white wine, south of Marlborough, Canterbury’s wine makers produce crisp, flinty Rieslings and Chardonnays. The future looks bright indeed.

My experience of these wines is from a world Rugby and Jazz tour with Downside schoolboys! When we were in New Zealand we had a coach driver who was a wine expert and shared a bottle of the finest wine from each region we visited. As you might well imagine my memories are happy, if rather blurred! I can only add that you have many joys to come if you buy and experiment.

My wine of the month is Brancott Estate Marlborough Sauvignon Blanc 2020, readily available and excellent value at around £10. You will not be disappointed.

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www.somerset.gov.uk

SOMERSET
County Council

100 reasons to make the most of Somerset's Home Library Service

From Hogwarts to Westeros, reading has the ability to transport us to completely different places from within the comfort of our own homes – something that is even more valuable for people who find themselves housebound.

Somerset's Home Library Service (HLS) is run by Somerset County Council with the support of amazing volunteers. It enables people like Claire Harbour from Frome, who recently celebrated her 100th birthday, to continue enjoying books for free even though she can no longer visit her local library in person.

In a new short video with former BBC correspondent Clinton Rogers, Claire explains how the service helps her to access new books, allowing her to keep her mind active.

Claire says: "It means that I can be a member of the library, sit at home, do nothing and everything comes to me. It is an absolute boon and I don't know what I would do without it."

The Home Library Service delivers books to people who are unable to get to their local library, such as those who are housebound, living in long term care, carers, or people who are vulnerable due to long term conditions or disabilities. The service is open to people of all ages.

Cllr Adam Dance, Lead Executive Member for Public Health, Equalities and Diversity said: "This is a brilliant service. Reading books can help keep your mind engaged as you grow old and help prevent cognitive decline – improving memory and helping to reduce the likelihood of dementia. But it can also help people of any age to reduce stress by lowering blood pressure and heart rate."

Cllr Federica Smith-Roberts, Somerset County Council Lead Executive Member for Communities added: "The Home Library Service played a really valuable role in the pandemic, especially for people who were shielding during the lockdown periods.

"But none of this would work without the brilliant team of friendly volunteers who make the service possible. If you have some spare time and a passion for reading, you may want to consider taking up a rewarding role as a HLS volunteer.

"Somerset Libraries offer a wide range of brilliant services – as well as an extensive collection of books, films, and digital products available to loan, there are health and wellbeing services, children's activities and supported digital learning.

"Please visit Volunteering Opportunities | Somerset County Council Volunteering to take a look at the volunteering opportunities available with the Home Library Service."

Volunteers can also support in accessing free e-Books, Audiobooks, and e-Magazines, as well as provide DVDs and other items. There is normally a charge for these items, though exemptions do apply for audio books if you are blind, partially sighted or have a condition that makes reading printed books difficult.

If you or anyone you know would like to receive the service, please contact Home Library Service manager Kirsty Janssen by emailing kjanssen@somerset.gov.uk, or calling 07814 079831.

For more information, visit: Home Library Service (somerset.gov.uk).



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- Provide proof of identity:
 - Provide a document showing your Somerset address
 - Provide proof of income (most recent bank statement)



To apply, scan the QR code or visit: bit.ly/SupportFund22

If you don't have any support and need help to apply

Please phone Somerset County Council on **0300 123 2224**. Somerset County Council will help you find an organisation who will help you make an application.

SOMERSET
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Parish Council News

Neighbourhood Plan

Is anyone interested in working on The Neighbourhood Plan? The purpose being to set in writing the aspirations of the parish in terms of planning requirements. If so, please contact the Parish Clerk on clerk@kilmersdonpc.co.uk

Play Area Improvements

Thanks for all the voluntary work to bring the multi play back up to standard. It just needs new slides and it will be as good as ever.

Village Noticeboard

With thanks to local volunteers for stabilizing the noticeboard, re-varnishing it and giving it a new lease of life!

2022 meeting dates of the Parish Council

The Parish Council meets at the lovely Coles Garden Meeting Room once a month. The list of 2022 meeting dates is on the Parish Noticeboard and also the website www.kilmersdonpc.co.uk

The next meeting of the Parish Council is at 7.30pm on 19th September at Coles Garden Meeting Room. You are very welcome to attend and talk to the Parish Council in the public comments section.

This is my last article as Clerk to the Parish Council. It has been lovely working for Kilmersdon over the last five years and I wish the community all the very best for the future.

Lesley Close

VILLAGE GROUPS

KILMERSDON ART GROUP
Roz Wilkinson 01761 434452

KMR BRIDGE CLUB
Mike Bradbury
Tel: 01373 455645

KILMERSDON VILLAGE HALL
Danielle Forrester 07527 693937
managerkilmersdonhall@outlook.com

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www.kilmersdonmeetingroom.org

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KILMERSDON VILLAGE DAY
enquiries: kilmersdonvillageday@gmail.com
www.kilmersdonvillageday.org

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PARISH COUNCIL WEBSITE
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WOMENS INSTITUTE
President - Viv Love 01761 414419

Cryptic Crossword

By Phil Preen

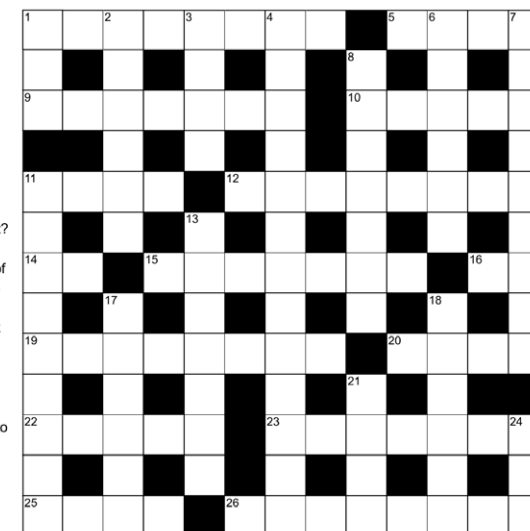
www.philpreen.co.uk/kilmersdon-cryptic-8

ACROSS

- 1 Half the weekend was in the chair with gutless, unfair agreement from Moscow with capital from Yeltsin (8)
- 5 Blue part of opera? Quaint (4)
- 9 Famous rapper not finished with National Trust (7)
- 10 Be topless lacking gender equality (5)
- 11 In the midsts of excessive jobshares, uniformed men often found on foot (4)
- 12 Portrayer of Luke almost adding weight to Miranda's work (8)
- 14 & 16 Encouragement for Silver Hotel: Fight on, don't care about the odds (2-2)
- 15 Kitty cries about a party in fields (7)
- 16 see 14
- 19 Unusual fellow's lightly cooked finger (4,4)
- 20 Judge's French bon mot (4)
- 22 Picked up bread in store (5)
- 23 Spice girl left, one against old Posh right? (7)
- 25 Vegetable in bottom of ship from the East (4)
- 26 Mentally prepares for K-pop artist with drink after church (6,2)

DOWN

- 1 Nicolas Massu and McEnroe finally take to court (3)
- 2 Follow or adapt (6)
- 3 Shorten sail's bar (4)
- 4 Morris and similar movement of star dancers: fat, lacking energy (4,3,6)
- 6 Walks out over lost blankets (6)
- 7 Unconsciously expressing repressed feelings in toga / tunic confusion (6,3)
- 8 Broadcast theatre shows produced by critics (7)
- 11 Share clip round and round (9)
- 13 The bear mixed drink (4,3)
- 17 One who speaks truth unwritten having 100 page finale (6)
- 18 Numbers: Initially Zimri leads, no heresy at the beginning (6)
- 21 Caught drug replacement in story of soft rock (4)
- 24 Umpire holds back tear (3)



* BAR *

QUIZ

* RAFFLE *

Friday 16th September

7.30pm

Kilmersdon Village Hall

Teams of 6: £10 per head
to include light supper

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