

# KILMERSDON PARISH NEWS



SEPTEMBER/OCTOBER 2021



**Village Day in Kilmersdon** has not happened for a few years for various reasons but we want to get this back on track for 2022. It was always a great day out and a chance to have some fun whilst raising funds for village groups who might otherwise struggle financially.

So a meeting has been set for **7.30pm Friday 10th September 2021** at Coles Gardens Meeting Rooms. It will be held on an informal basis just to introduce ourselves and set the date for the next event.

Please attend the meeting to help get Kilmersdon Village Day up and running again. We need all the people and ideas we can get or this event will not be viable.

Next year is the Queen's Platinum Jubilee. Lets make this a day to remember for Kilmersdon.

More details can be found at [kilmersdonvillageday.org](http://kilmersdonvillageday.org), [kilmersdon village day facebook](#), [kilmersdonvillageday@gmail.com](mailto:kilmersdonvillageday@gmail.com)  
**Your village needs your help!!!**

## NOTE FROM THE EDITORS

Yet another mix of articles and pictures that we hope will be of interest and keep you abreast of village happenings. Please keep your news coming in and let us know what else you might like featured to inform and entertain. Perhaps a personal story about your life, achievements and opinions, or how about sending us one of your own village photographs and sponsoring it for the front page with a £25 contribution to the KPN's printing costs? (Or if you are a business you can buy the front page space as illustrated by the ad below!) If possible, try to keep your articles to around 350 words and an accompanying picture is always a bonus. Keep well and safe. Warmest wishes

*Sue & Penny*

## Introduce your mind, body & soul to the wonders of nature.

Looking for natural and sustainable health, beauty or lifestyle products? Our beautiful local shop in the heart of Radstock has a huge range of hemp, bamboo and plant-based products to suit your needs.

POP IN AND SEE US 9 FORTESCUE ROAD, RADSTOCK OR CHECK US OUT ONLINE  
[WWW.HEMPTYONLINE.CO.UK](http://WWW.HEMPTYONLINE.CO.UK)

OUR PRODUCTS CAN HELP WITH STRESS & ANXIETY | ACHES & PAINS IMMUNE SUPPORT | SLEEP | MENOPAUSE

  
**RUNNING ON  
HEMPTY**

## Wild Flower of the Month Autumn Lady's Tresses



As autumn approaches, I welcome the fresh crispness of the air in the early mornings. The vegetable garden has slowed down; the pumpkins are ripening to a rich orange and finally the courgettes have stopped producing new fruits! Wildflowers too, are fading and saving their glories for the following year. But there are some that flower at this time of year and the orchid, Autumn Lady's Tresses, is one of them.

It is a slender and graceful plant with a flowering spike no more than 3-10cm high. The small white flowers spiral up the stem, interestingly in either direction, thus giving the plant its Latin name *Spiranthes spiralis*. Most orchids are rare, and this plant is no exception. Therefore, you can imagine my astonishment that, whilst on a visit to my parents New Forest home, I spotted one on their front lawn. My father had recently put his back out so the grass, which had always been a mix of low growing wildflowers (weeds to most gardeners) had not been cut for a week or two. There amongst the hawkweeds, daises, plantains and selfheal was a single orchid. At the time I was on the telephone gazing out at the garden so my conversation was interrupted by an exclamation of surprise and delight. I have since seen patches of Autumn Lady's Tresses growing in sandy grassland around Brockenhurst but I will never forget the first time I saw this beautiful little plant.  
*Julie Palmer*

## Church Pedestals

It started with a phone call some months ago – a sort of 'blast from the past', so to speak. It was from a Brian Walton, a master wood craftsman, who, in the mid-1960's, at the behest of Mrs Margaret Jones of The Old Redhouse Farm, had been asked to make a pair of pedestals that she donated to Kilmersdon Church, and he was now wondering if they were still in existence.

Brian told me that they had been made from oak, one from a length he already had and the other from a length his father had reclaimed after it had been caught up in a flood in the river below Shoscombe.

Without a lathe, Brian told me he had carved both pedestals by hand!!

Peggy Rhymer has been a stalwart Church flower-arranger for many years and it was to her I went to ask if she had any idea of the whereabouts of the pedestals. She assured me that they should still be around and were probably being stored in – where else but – the Storeroom in the Church, having been put there due to Covid restrictions about anyone putting fresh flowers in the building.

So, with Churchwarden Rosie Kane, we duly located the pedestals and it was a simple matter to photo them and show the picture to Brian, who was pleased as punch at seeing them again.  
*Linda Carter of Old Redhouse Farm*



## Church coffee mornings are back!

We're delighted to announce that we'll be resuming the popular monthly **Church Coffee Mornings at 10.30 on Saturdays 11th September & 9th October.**

Come & enjoy Tea/Coffee and home-made cakes, with Bric-a-Brac and books to browse – plus one of the famous raffles!

**All are welcome to come and join us.**

**All proceeds will go to the church.**

## Prayer Support

We are very aware that many people have suffered from negative effects due to the lockdowns & restrictions we've had to endure over the past year. Some of you may be suffering from anxiety, depression or coping with isolation. So would you welcome a listening ear or have prayer for yourself or someone else? If so, please feel free to call one of us in confidence.

*Rosie Kane, Church Warden 01761 439062.  
Penny Hutton, Church Warden 07708 59279*

## STs PETER & PAUL, KILMERSDON ALTAR FLOWERS ROTA

### SEPTEMBER

5<sup>th</sup> MRS HALE  
12<sup>th</sup> MRS TAYLOR  
19<sup>th</sup> MRS MCINTYRE  
26<sup>th</sup> MRS MEADOWS

### OCTOBER

3<sup>rd</sup> MRS MEADOWS  
10<sup>th</sup> MRS CARTER  
17<sup>th</sup> MRS MCINTYRE  
24<sup>th</sup> MRS MCINTYRE  
31<sup>st</sup> MRS HUTTON



### CHURCH WARDENS

Mrs Rosie Kane  
01761 439062

Mrs Penny Hutton  
01761 435193

## STs PETER & PAUL, KILMERSDON CHURCH CLEANING ROTA

### SEPTEMBER

5<sup>th</sup> MRS HALE  
12<sup>th</sup> MRS HUTTON  
19<sup>th</sup> MRS CROKER  
26<sup>th</sup> MRS BUTT

### OCTOBER

3<sup>rd</sup> MRS KNATCHBULL  
10<sup>th</sup> MRS CARTER  
17<sup>th</sup> MRS KANE  
24<sup>th</sup> MRS HALE  
31<sup>st</sup> MRS HUTTON

### CHURCH WARDENS

Mrs Rosie Kane  
01761 439062

Mrs Penny Hutton  
01761 435193

**The copy date for the November/December issue is November 20th.** Please restrict articles to 350 words and notices to 100 words. Items for inclusion to be sent by email to: [kilmersdonnews@gmail.com](mailto:kilmersdonnews@gmail.com) - We reserve the right to edit any item submitted.



## Hugh's wine review ... on Claret

What can legitimately be termed Claret? I'm sure you know the answer. I am going to tell you nevertheless! It is the fine red wine grown and produced in the region of France around Bordeaux in the south west of the country. It is the largest fine wine region on earth. There are hundreds, perhaps thousands of vineyards, some huge, many tiny, so why so many and why so good? The climate is generally propitious and the various terroirs offer differing qualities and subtleties according to the variety of soil. Systems of grading have evolved in an attempt to establish intelligible distinctions. We talk with reverence about château bottles. Again why? There are a huge number of châteaux and each one guarantees the wines are grown on the estate, as opposed to being blended. There are famous châteaux, far too many to list, but the regions of Margaux, Pauillac, Haut Medoc, Saint-Émilion, Pomerol, and St-Julien provide a large percentage of them. The Châteaux themselves are classified and graded, complex to say the least. I don't believe there are many experts on claret. How could there be in this forest of possibilities in this extraordinary melange of delights? To try every château bottle would take a lifetime, but what a life!

For me the region around Saint-Émilion stands out but that is largely because it produces wine rich in tannins and that wine is readily available in England and is to be found on the shelves of most dealers and supermarkets. My choice of claret for the month is: Lussac Saint-Émilion 2018 which is presently available at Sainsbury's at £7.50 when discounted. Typically it would cost more than £10, but because it is given the appellation of a Grand Vin De Bordeaux it commands one's respect. Beware, however, of labels, which all too often belie desperate marketing ploys! Premier Cru great clarets generate huge prices and exceed the old budget more than somewhat! Good claret can be laid down for many years and usually improves with the keeping, horizontal of course at 56 degrees Fahrenheit. Good luck!

A fine white wine produced in Bordeaux



notably Sauternes are worthy of another chapter! As an amusing footnote the most minute vineyards, those where the vignerons grow their grapes in their gardens and produce the wine in small barns or outhouses, these growers are known as garagistes!

Statistics; Grapes used; Cabernet and merlot. Over six million hectolitres in a good year. Problems, hail storms, drought, lack of sun, disease and floods.

*Hugh Pountney*

## A Little Guidance on Finding Our Way Through The Peaks and Valleys of Life



*Patrick Leo Holland*

**If you are feeling a little worn thin - take heart - you are not alone ...**

All of us have literally been in and around a constant state of threat over the last few years ... Umm, Let me think ... Brexit, Climate Change, Terrorism and then to really drive the nail home - COVID!

What happens to us when we are pushed into facing these perceived states of threat? Our clever selves release adrenaline to help us deal with the 'danger'. It's a great mechanism that we are all blessed with but it can take its toll when activated repeatedly and over an extended period of time.

Without a break, our adrenaline levels become depleted and so do we. We can start living with an underlying sense of exhaustion and emptiness, and at times feel a little helpless. If that is you as I've noticed has been the case for many of us recently, it could be the perfect moment for a little dedicated 'you time' to top up your physical, mental and spiritual health.

Your mission for the month if you choose to accept it - take a moment to ask of and hear what your body, mind and spirit really could use to help you thrive. What would your body benefit most from; food, drink and exercise wise? What subject matters would your mind most like to engage with to encourage clear and bold thinking and move past negative cycles of thought? What little actions can you add into your day, week or month that would lead your heart to sing?

Answer those questions and act on them and you will give yourself an opportunity to align with what we are all put here to do in our own unique way - shine! Love, plh

Patrick lives in Kilmersdon with his family and is an actor, author of *'The Ultimate Power of You, A guide to Honouring Your Time'* and co-host of The Radio Show and Podcast - *'Living Beyond Fear'* at Frome FM.

If you'd like to drop him a line, please do so at - [info@theultimatepowerofyou.com](mailto:info@theultimatepowerofyou.com)



**Ammerdown**

HOSPITALITY • PEACE • RECONCILIATION

### AMMERDOWN QUIET DAY

**Saturday 18 September. 10am to 4pm**

Cost: £50 (includes morning coffee, lunch and afternoon tea with homemade cake)

A day for healing, restoring and reconciling together in a quiet place to reflect on our lives and our spiritual journey, through readings, prayer, music, meditation, artistry and writing.

**Tel 01761 433709 to book.**

**If readers would like to receive their parish news online, please contact Penny on 01761 435193 or Sue on 01761 437855**

## Ames Lane Jumble Trail

Residents of Ames Lane were blessed with dry – and very hot weather as they rallied round to make the Jumble Trail a success. There was a huge variety of goods on offer from Beano comics to an air generator from which a variety of organisations have benefitted.



## SOCIAL SKITTLES

We're very pleased to announce that we'll once again be able to start up the Social Skittles (more fun than skill!) in the Jollife Arms at 7pm on the third Friday of every month. The first session will be on Friday 17th September, so please do come along and join us. Even if you've never played before, don't worry - we don't take it seriously (well most of us anyway!) and it's a good laugh! You might even win a prize! Newcomers to the village are especially welcome, as it's a great opportunity to meet others.

## KILMERSDON WI

The WI ladies are hoping, subject government regulations, to resume their meetings on the 9th September at 7.15 in the Killmersdon village hall. It will be a social, as members will have a lot to catch up on with friends. It is hoped to provide Pimms with some savoury tasty nibbles to enjoy.

The new committee is working hard to provide an appealing and interesting autumn programme. Visitors will be most welcome to come along. We have a Facebook page @ **kilmersdonWI** which we will update when we have a confirmed programme. Do take a look.

**President** - Julie Roberts  
01373 834451 Bertrose@hotmail.co.uk  
**Secretary** - Julia Neesam  
01373 812686 kilmersdonwi@gmail.com  
**Treasurer** - Dee Penny  
01761 415023 dee@twopenys.co.uk

## Disastrous times in Kabul

The situation in Afghanistan is creating a lot of questions in the UK and throughout the world, however one pertinent question I have is why did so many of my colleagues in the British Army sacrifice so much, for so little?

Although I didn't serve in Afghanistan (but I did serve in Bosnia and Iraq), I have plenty of friends who did. Some of them didn't come home, some came home with severe physical injuries, some came home with severe psychological injuries, while others came home seemingly unaffected. In the 20 years of deployment, 457 British



soldiers died in Afghanistan, and a further 6,600 were medically evacuated from the country (not to mention the countless Afghans who lost their lives). This is a very high price to pay for what can only be considered a 20-year speed bump in the rise of the Taliban.

Next year we will see the 40th Anniversary of the Falkland's War, where we will gather to remember those who gave their lives to liberate a different population in a different part of the world. Many will be reflecting on the fact that, 40 years on, the British Army has regressed and is now no longer capable of, or willing to, independently secure an area as small as an airfield in a country where it has been operating for 20 years - we are completely beholden to the US. What does this say about the UK's ability to hold its place on the world stage?

There will be those who say that the Taliban have changed; with open press conferences, and talk of an inclusive culture towards women, they are certainly talking the talk, however there is a real concern that they won't walk the walk. They are clever enough to know that the Western World will not have the will to interfere again, and so it wouldn't surprise me to see a gradual slip into the Taliban's very harsh interpretation of Sharia Law over the next few years. I hope that I am wrong.

While things are unclear about the next few weeks in Kabul, what is clear is that the Taliban will now get another chance at running Afghanistan, with little physical interference from the US and the UK, and it would seem my colleagues' efforts were for no purpose, but I pray for those who may well come onto the Taliban's radar as having helped the West, and whom we have left behind.

Jonny Rees-Davies

## reel people film society 2021-2022

Not long before we are back together for our new reel people season - at last! Our complete programme can be found at **www.reelpeople.org.uk** - visit us and get your membership renewal in soon so you can join us for a fantastic line up of films. We will be sending you further details of our Covid-compliant arrangements before each film. In the meantime, get the dates in your diaries and we all really look forward to seeing you again.

Take care and best wishes from your reel people committee.

**reelpeoplefilms@outlook.com**

Friday 10th September: CRUELLA (12A) 134 mins



Friday 8th October: WOMAN AT WAR (12A) (F) 101 mins



Friday 29th October 2021: ROCKS (12A) (F) 93 mins



## VILLAGE GROUPS

KILMERSDON ART GROUP  
Roz Wilkinson 01761 434452

KMR BRIDGE CLUB  
Mike Henton 01761 439960  
mike.henton@talktalk.net

KILMERSDON VILLAGE HALL  
Danielle Forrester 07527 693937  
managerkilmersdonhall@outlook.com

COLES GARDEN MEETING ROOM  
Cherry Gilham 01761 436767  
www.kilmersdonmeetingroom.org

KILMERSDON FACEBOOK  
www.facebook.com/Kilmersdon

KILMERSDON VILLAGE DAY  
enquiries: kilmersdonvillageday@gmail.com  
www.kilmersdonvillageday.org

KILMERSDON C of E VA SCHOOL  
Head Teacher Stephen Bamford 01761 432283

KILMERSDON GARDENERS  
Chairman Judith Stanford 01761 233045  
www.kilmersdongardeners.org

KILMERSDON VILLAGE HALL DRAW  
Martin & Shayne Gibbs 01761 432574

KILMERSDON VILLAGE SHOP  
John Clayton 07974 440468  
john.clayton@outlook.com

PARISH COUNCIL CLERK  
Lesley Close 07521 951471

PARISH COUNCIL WEBSITE  
www.kilmersdonpc.co.uk

PARISH PATH LIASION OFFICER  
Stuart Green 07753 904 678

PARISH NEWS EDITOR  
Sue Meadows 01761 437855  
E: suedmeadows@gmail.com  
Penny Hutton 01761 435193  
pennyhutton.ph@gmail.com

WOMENS INSTITUTE  
President - Julie Roberts 01373 834451  
Email: Bertrose@hotmail.co.uk



## Move the Mind



At **Move the Mind** we have been busy holding farm days, when children with additional needs have come with parents/carers for a few hours of fun activities, including animal therapy, building dens, horse riding, sensory work, building fires, woodwork and lots more fun activities. We have also had a mud bake off where children made amazing cakes out of mud and flowers and presented them for judging!

Please come to our: **FAMILY OPEN DAY 11:30-2 on SEPTEMBER 4th, Hoares Lane, BA11 3RP**, on the right past the cottages.

We will be holding a raffle, have a bouncy castle, BBQ Lunch, cake sale, pony rides and lots more. Come and support us to raise money to install electricity at the farm. From the 6th September the schools start back and we will be doing sessions again for children. If you feel you can help in anyway please contact me, Nicole Gillard, on 07483221030 and if you would like to read more about the work we do please look at our website [www.movethemind.net](http://www.movethemind.net) especially the 'what the parents say' section. Thank you for reading and hope to see you on the 4th.



Photos by Move the Mind.

## Kilmersdon Village Hall

We are pleased to say that we have been able to start to welcome back our many "guests" to the Hall from the 19th July in line with government guidelines.

As members of the Community Council for Somerset we receive advice from Action with Communities in Rural England an organisation that provides advice to Village Halls and which has been particularly useful during the pandemic. They have recommended that hirers continue to wear face masks (unless exempt) and maintain social distancing particularly when those attending are considered more vulnerable to the virus. Full details are on our website.

We are hoping to make a few improvements in the Hall over the next few months such as the provision of a commercial dishwasher (a very fast wash) and a new hob. We are also aware that our current external noticeboard is in a rather sorry state and a new green metal one has been ordered and should arrive in the next month or two.

We are also conscious that the external drains need some attention and this is also in hand.

If anyone has any ideas about any other improvements please let Danielle our Manager know on [managerkilmersdonhall@outlook.com](mailto:managerkilmersdonhall@outlook.com)  
*Kilmersdon Village Hall Management Committee*

## Update from Colin & Audrey Gibson Kilmersdon's Missionaries in Lebanon



Thousands of people recently gathered to mark the first anniversary of the catastrophic explosion at the Port of Beirut on August 4th last year that killed over 200 people, injured over 6000 and left around 300,000 homeless. Marches from various parts of Beirut culminated in an outdoor Mass at the site of the explosion presided over by Patriarch Bechara Boutros Al-Rai of the Maronite Church. The memories were clearly difficult for many, especially the relatives of those who died and who were given a special place at the service.

Sadly, there is also much anger as there is still no clear indication of who was responsible for the disaster. The political establishment has closed ranks and prevented any meaningful investigation. Some of this anger boiled over into violence in other parts of Beirut. Fortunately, the demonstrations were not too extensive with only about 8 people hospitalised, though one of our younger American friends who ventured into town suffered breathing problems after being caught by tear gas, used to disperse the demonstrators. We decided to keep a low profile and watched the commemoration on tv – sometimes with the split screen showing the Mass and the demonstrations happening simultaneously.

"Here to cure your hunger" ....is the slogan of the 'Vaxine Burger Van' which we drive past regularly and which goes to show that the Lebanese people can still see the funny side of life at times, despite the long list of



difficulties facing them, the latest being a shortage of bottled gas (used by nearly everyone for cooking) and the possible removal of subsidies on petrol. The van was set up when restaurants were closed due to Covid and, as far as we can see, continues to do a good trade. Spot the 'Immune Cow' burger on the rear door!



## Hanging baskets

We think you'll all agree that the hanging baskets this year have looked particularly beautiful, thanks to Anthony Dutton. We'd still be grateful for a few more donations, ready for next year. If you can help, please contact either Martin Horler at The Old School House in Ames Lane, or Penny Hutton at Wilscombe in Hoares Lane. Thank you.



## Kilmersdon Art Group



This summer, we enjoyed several drawing and painting sessions in different members' gardens. Luckily, we had very sunny dry weather for most of them and we thoroughly enjoyed catching up with each other. Our artwork, some of which can be seen (above & below), was circulated to all members through the internet. Art sessions in the hall will re-start on Wednesday 15th September for 6 weeks. Regular members have all been notified but if anyone is interested in joining, please contact the Secretary by email:- [maureen\\_maidment@hotmail.com](mailto:maureen_maidment@hotmail.com)



## Kilmersdon Loco

Kilmersdon, the last surviving steam loco from the Somerset coalfield, is now taking people on joy rides on Hampshire's Watercress Line. Built in 1929 in Bristol by Pickett and Sons it was named after the Kilmersdon colliery where it spent most of its life hauling working wagons from mine head to the rope incline connection with the North Somerset Line for coal shipment to the Portishead power station near Bristol. It was overhauled in 2013 and reappeared in immaculate Prussian Blue livery, and many will have seen it on shunting displays on the Somerset and Dorset Railway Trust in Washford, whom we thank for this information.

*Photo by Matt Bentley.*



## Thanks to the Knatchbull family

For the past year or so, I've been taking my dog Tess for fairly long walks in and around Babington House and grounds. In recent weeks, I began to notice a wide variety of types and colours of wild flowers peeping up through the soil around the crops. I slowly realised that the places where they were appearing were all around the Knatchbull's fields. I would now like to thank the Knatchbulls for brightening up the countryside where they could and make our walks so much more pleasurable!

*Penny Hutton*



# FUN DAY!



## SATURDAY 11 SEPTEMBER

Please join us from 10am-2pm  
on Saturday 11th September for a Balance Fun Day!

- Join in some taster classes and take a look around the gym
- Stalls selling jewellery, clothes, food, ice-cream, & much more!
  - Free mini trampoline and yoga class
- Rowing competition for kids and adults with prizes!

 **balance**  
THE COUNTRYSIDE GYM

Limited parking available, please park on South Road and walk up.  
Tel: 07776147920 / White Lias, Loves Hill, Timsbury BA2 0EU



[www.balancethecountrysidegym.co.uk](http://www.balancethecountrysidegym.co.uk)



## Design your dream garden - Kilmersdon Gardeners - July Meeting 2021

This month Marion Dale helped the Gardeners to focus on the factors to consider when creating a garden. Marion came to garden design as a second career. Just after training she won a gold medal at the Autumn Bath and West flower show and went on to create a show garden for Chelsea. This was her first face to face talk of 2021 after her Zoom lectures for the WEA.

The first choice to make is style – Cottage, Formal or Contemporary with lots of hard landscaping aiming for low maintenance, are the typical options. Then you need to work with the soil testing the pH to determine acid or alkaline. Honey Suckle and lilac doing well on alkaline and Camelia, Rhododendrons and Hibiscus thriving on acid soils. Shaking up a sample of soil in a jam jar to find the proportions of clay, sand, silt and organic material helps to determine the soil type when compared to a soil triangle. How much sun does the garden enjoy during the day? Lavender, Wall Flowers and Rock Rose thrive in sunshine while Ivy and Hydrangeas enjoy shade. It's important to check the maximum size for plants on the RHS website when making your choices to ensure they won't outgrow their space.

The planting choice can impact on the design of the space with trees adding height and evergreens as living focal points. A prickly Berberis hedge can stop people walking through. Evergreen hedges can divide spaces and give a backdrop to the garden. Some deciduous trees like the Ghost Birch with startlingly silver bark can provide a striking focus if illuminated with solar powered light in winter. Weeping varieties of trees like Pear and Crab Apple can provide interesting shapes.

It is important to look for indigenous plants that are attractive to wildlife. These are usually simple ones like Hawthorn, Dog Rose, Oxy-eye Daisy, Poppies, and Meadow Cranes Bill. The most impactful choice is the colour theme - will the mix aim at harmony or contrast? Warm or cool colours? The flower arranger's colour wheel can help. Marion finished by giving



*Committee Left to right: Addie Schwartz - Minutes Secretary, Pat Swift - Treasurer, Hugh Weeks - Programme Secretary, Judith Stanford - Chairperson, Yvonne Kirby.*

examples of her designs.

The AGM followed the talk. The pandemic means that there has been no plant sale for two years, although in 2020 some money was raised selling plants. The finances are still sound. As members are not being asked for a subscription this year the club will draw on reserves to pay for the hall and speakers. The Chairperson thanked all members of the committee. The Programme Secretary has done a good job replacing speakers who have dropped out at a reasonable cost. He needs someone to shadow him this year with a view to taking over the role. The Chairperson thanked the members of the committee for their contributions and the whole committee was reelected by the meeting.

Next meeting is **7.30pm Wednesday 8th September 2021** with a talk by Emily Utgren 'From Sweden to Stourhead – life of a gardener and arborist', Visitors welcome.  
*Trisha Jordan*

# What's on at Ammerdown

## 11 September...

### Loss and Grief with Sue Brayne

10am - 4pm

£50 includes morning coffee, lunch and afternoon tea

The workshop provides a safe space for anyone who wants to explore how grief and loss have impacted their life journey and to understand the lessons they teach us. It will also explore how feelings and emotions can become trapped in the body and discover ways to gently release them.



## 23 September...

### TLC for the Retired with Josh Harris

10am - 2pm

£12 includes two course cooked lunch

Josh Harris, a local photographer and Zoology graduate, currently working for the Beaver Trust, will talk about his experiences of photographing wildlife in the UK. He will explain how understanding the behaviours of different species and getting to know the landscape can enable you to create unique images. Includes optional Chapel Service and time to chat and enjoy each others company.



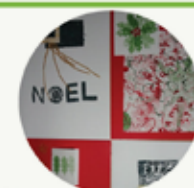
## 30 September...

### Printing for Christmas with Barbara Butler

10am - 4pm

£50 includes morning coffee, lunch and afternoon tea

Art tutor Barbara Butler plans to get you into the Christmas spirit through this fun one-day workshop. Barbara will show you how to create hand-made decorations, gift labels, cards, wrapping paper and wrapping fabrics, using simple kitchen table top methods of printing.



The Ammerdown Centre  
Ammerdown Park  
BA3 5SW



To Book  
[www.ammerdown.org](http://www.ammerdown.org)  
[centre@ammerdown.org](mailto:centre@ammerdown.org)  
01761 433709



## Parish Council News



Photo courtesy of Frances Horler

### PLAY AREA UPDATE

Summer 2021 has seen a number of changes to the play park. The installation of the new train to replace the one which was rotting took place in July, with the rotting balance beams of the trim trail being removed at the same time.

At the time of writing this article, the bright new trim trail is being installed.

The new, longer zip wire was met with much enthusiasm in time for the summer holidays. Whilst it passed its post installation inspection, we are waiting for the wire to be re-tensioned to give a smoother ride!

Still to come at the play park, the large plastic slide on the multi play unit cracked and was taken down. A quote for a replacement steel slide was sought and at its meeting in September the Parish Council will decide whether to replace the slide at considerable cost, or seek funding for a new multi play unit.  
[clerk@kilmersdonpc.co.uk](mailto:clerk@kilmersdonpc.co.uk)

### VOLUNTEERS FOR PLAY PARK INSPECTIONS

Would you consider joining a small group of volunteers who kindly give their time to undertake visual checks of the play park and report back to the Parish Council. If you would like more information about what this entails, please contact the Parish Clerk  
[clerk@kilmersdonpc.co.uk](mailto:clerk@kilmersdonpc.co.uk)

### SILVER BIRCH TREE IN THE PLAY PARK

The large silver birch at the entrance to the playing field is protected by a Tree Preservation Order. A request has been made to Mendip DC for the Parish Council arrange for the lower limbs to be removed so that the bench beneath it might be used again. If permission is granted, the Parish Council has agreed that the bench should be repaired at the same time.



### PARISH COUNCIL MEETINGS

There is a list of meetings on the website [www.kilmersdonpc.co.uk](http://www.kilmersdonpc.co.uk) and, dependent upon Government guidelines, we will update the website once we know exactly where we are going to meet in September.

**Lesley Close**  
Parish Clerk

## Village Agent News

Hello, I hope like me you've enjoyed being able to meet others recently. More activities are starting up again and if you hear of anything, please let me know so I can share with our team and with everyone we speak to.

I attended my first **Zumba class with Laney** at Leigh on Mendip Village Hall this week. It was a lot of fun and a real boost, both physically and mentally!

A big thank you this month goes to the Wainwright Community fund, for their generous donation, which will allow us to support local residents in need.

This month I'm including a reminder of our work, as some new readers may not have heard of CCS agents.

### What is a Village Agent?

The Village Agent service is part of the Community Council for Somerset (CCS) and offers free, confidential, practical support to anyone in need, including community groups. We have unrivalled local knowledge, and are problem solving solution finders!

I'm Nic, the Village Agent for Kilmersdon - I love the challenge of making a positive impact in our local community for people who need it most. It is very rewarding when a plan comes together, and a person's life is enhanced by the work I have done. I also love to chat! If needed, I work closely with your local GP surgery and the Adult Social Care team, so you have well rounded support.

### Sounds Interesting but WHO can a Village Agent help?

A Village Agent can help if....

- You are an unpaid Carer or looking after someone else informally & need a little help & support – for you and the person you care for.
- You are struggling with a problem that can be fixed or improved by accessing the right people or services in the local community, but don't know where to turn.
- You live alone and are feeling lonely and isolated.
- You are part of a community with a collective problem & need a kick start to solve.

It doesn't matter how big or small the problem, we are here to help.

### OK that's great – but HOW exactly can a Village Agent help?

It's probably easier to list the things Agents CAN'T do!

We don't like to pin down exactly how an Agent can help, as each person's situation is unique, but generally to make someone's everyday life better with the right connections, access to food, emergency funding or practical community-based solutions. A few recent examples are:

- Supported clients to access transport so that they can attend their vaccination appointments.
- Delivered food to families and individuals who are shielding or isolating & set up an arrangement with the local food bank to supply food to clients.
- Source & arrange delivery of white goods, furniture & household items to people in need.
- Made sure that the clients are supported to get the financial help they need.
- Arranged translations for clients who don't speak fluent English but need our support.
- Supported people who need help collecting prescriptions.
- Conducted welfare calls on behalf of local GP's to ensure clients are safe and well.
- Gave emotional support to people who are feeling isolated and lonely.
- Supported people & particularly unpaid carers by brokering a microprovider who can help with daily living tasks to alleviate some pressure & provided respite meals for Carers.
- Supported elderly Somerset residents to 'survive winter' by making sure that they have sufficient heating and cooking facilities. Distribute Surviving Winter grants.
- Gifted refurbished mobiles to people who are cut off from their family & friends.
- Helped people to get home from hospital or temporary accommodation.
- Helping people to stay independent in their homes.
- Found & made connections between clients & the right community-based support.

As always, please get in touch if we can help you. **Nic – Village Agent. 07946 461468 / [Nicolae@somersetccc.org.uk](mailto:Nicolae@somersetccc.org.uk)**



# What do you know about CBD oil?

We are going to take a guess and say that there will be things on the list below that you didn't know could be assisted by CBD oil.

Have a chat with our team about how it could help you.

- Anxiety
- Depression
- Menopause
- Immune support
- Pain relief
- Sleep issues
- Headaches/migranes
- Menstrual cramps
- Epilepsy
- Dementia
- Alzheimers
- ME/Fibromyalgia
- ADD/ADHD/OCD/PTSD
- Gut health
- Low moods
- General well-being

POP IN AND SEE US OR CHECK US OUT ONLINE [WWW.HEMPTYONLINE.CO.UK](http://WWW.HEMPTYONLINE.CO.UK)

T. 07745 016 277 [EMMA@HEMPTYONLINE.CO.UK](mailto:EMMA@HEMPTYONLINE.CO.UK) 9 FORTESCUE ROAD, RADSTOCK BA3 3PJ



## Cryptic Crossword

### Kilmersdon Parish News

#### Cryptic Crossword #1

By Phil Preen

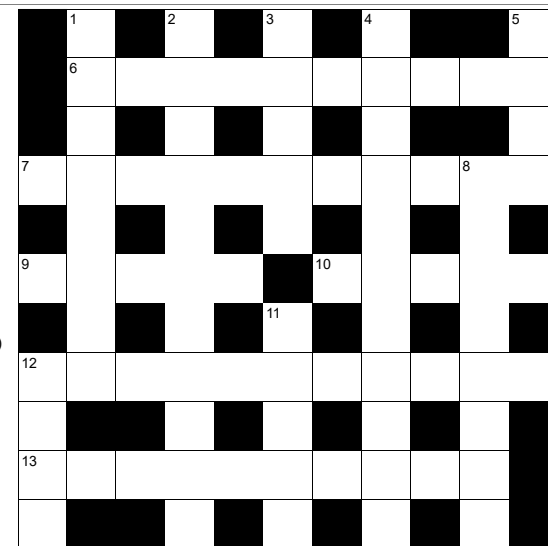
Solve online at: <http://bit.ly/KilmersdonCryptic>

#### ACROSS

- 6 Mole drinks around here (10)
- 7 Fourteen pounds for watching from upstairs in Stanton Drew (5,6)
- 9 Unarmed sweep (5)
- 10 Jack King reversing van in centre of field (5)
- 12 Opinions are beginning, albeit slowly, subtly (even sometimes slightly more excitedly) now to stir (11)
- 13 Quiet love ruled a knight - caught her majesty's nightclub act (4,6)

#### DOWN

- 1 Footwear of mountain bike race left end of toe with small pins (8)
- 2 Royal house scheme reserves hereditary element starting tomorrow (11)
- 3 Creamy mixture without a blessing (5)
- 4 Sharpness expert holding street band - briefly entertaining (11)
- 5 Previously held in prison cell (4)
- 8 Small room conservative follows eruptive matter (8)
- 11 Study two points perhaps (5)
- 12 Pals moved mountains (4)



If you want to sneak a peek at the answers you can follow the link and click the Reveal option. <http://bit.ly/KilmersdonCryptic>

**NEW SAFETY BOOT RANGE**

**YOUR LOCAL WORKWEAR SUPPLIER**

WORKWEAR • FOOTWEAR • IN-HOUSE EMBROIDERY

**WWW.SOMERSETWORKWEAR.COM**

Units 6 & 12 First Avenue • Westfield Industrial Estate • Radstock • BA3 4BS 01761 233230

**JM BUILDING**

FOR ALL YOUR GENERAL BUILDING NEEDS AND PROPERTY MAINTENANCE

**Free quotations • References available**

All building work • Natural stone work  
Patios • Tiling • Decorating  
**25 years' experience**

**Give us a call on 07546 589825**

**NORTON GARDEN MACHINERY**

SALES - SERVICE - SPARES  
**SPECIALIST GARDEN MACHINERY SERVICES**

For the best price and service, contact the specialists. Telephone 01761 435353.

**THE OLD GARAGE, KILMERSDON, BA3 5TD**

**Fosseway Press**

Supplying print and stationery since 1968.

PAPER • CARDS • LABELS • GIFTS • RUBBER STAMPS  
DRAW TICKETS • BINDING • LAMINATING AND MORE!

KILMERSDON PARISH NEWS IS PRINTED BY FOSSEWAY PRESS  
7 Frome Road, Radstock. BA3 3PT.  
Tel: 01761 431919 Email: [fossewaypress@btconnect.com](mailto:fossewaypress@btconnect.com) Web: [www.fossewaypress.com](http://www.fossewaypress.com)

**S.G. TAYLOR.**  
WATCH & CLOCKMAKERS  
SPECIALIST REPAIRERS and  
RESTORERS of WATCHES  
& JEWELLERY

Delivery and Collection  
All your work guaranteed  
Insurance valuation undertaken

Established 1932 High Street, Paulton.  
**01761 412389**

**Docky's Delicatessen**

Sandwiches • Baguettes  
Antipasti • Salads  
Cured Meats • Cheese

Absolutely delicious buffets  
01761 419944 - Midsomer Norton

**BESPOKE DESIGN SERVICE**

Looking for beautiful wedding or party invitations,  
personalised artworks or perhaps  
a logo or branding for your new business?

Give me a ring to chat  
through your design needs.  
Lisa Ferron 07565 333268.

0 IS FOR OTTER

**JANE LANGLEY PILATES**

VIRTUAL CLASSES AND 1-1 AVAILABLE SO YOU CAN PARTICIPATE FROM ANYWHERE!

Maintain and increase mobility, strength, muscle tone,  
balance, flexibility. Rehab after an injury. Focus your  
mind and breath to create a sense of wellbeing.

0777 355 3327 janeslangley@hotmail.com  
JaneLangleyPilates@facebook.com

REGULAR CLASSES: NUNNEY MON 9.30/10.30 AND NORTH BRADLEY 5/6PM.  
HOLCOMBE WED 9.30/10.30 THURS 8.10PM PUREMOVES  
\*\* KILMERSDON TUESDAY MORNINGS \*\* GET IN TOUCH

ENJOY MOVING WELL - Pilates is suitable for all ages and abilities

**BRYAN G. BISHOP**  
Family Funeral Director & Memorials

**PRIVATE CHAPEL OF REST**  
24 hour personal service

We are pleased to offer GOLDEN CHARTER  
Pre-paid funeral plans as part of our service.

Paulton & Radstock and surrounding areas  
**01761 412046**  
www.bryangbishop.co.uk

**POLICE COMMUNITY  
SUPPORT OFFICERS**

PCSO 9011 RUSSELL FORD  
RURAL BEAT MANAGER FROME NORTH, AVON & SOMERSET

Russell.Ford@avonandsomerset.police.uk  
Phone 07547658018  
www.avonandsomerset.police.uk

**101 NON-EMERGENCY NUMBER**  
In the event of an EMERGENCY requiring  
POLICE ATTENTION PLEASE dial 999

**VOLUNTEER VISITING  
SERVICE**

Do you know someone who is visually impaired and  
would benefit from Somerset Sight's Volunteer  
Befriending Service?

We are a long established charity supporting people with  
sight loss. Our befriending service provides fully trained  
and checked volunteers who visit sight impaired people  
on a regular basis to provide company and support.  
The ongoing help and friendship of a volunteer can make  
a lasting difference to a person's quality of life.

For more information, please contact Somerset Sight on  
01823 333818

**Somerset  
Sight** Working with people  
who lack sight, not vision

**DEANAJAMIESON**

**PEST CONTROL & PREVENTION**

**Effective pest control solutions**  
from a mouse in a kitchen to a wasp nest in a shed,  
from a squirrel in an attic to implementing a  
Pest Management Scheme for commercial premises.

**Offering Domestic & Commercial Services**  
Rats • Mice • Moles • Squirrels • Wasps • Ants  
Fleas • Cockroaches • Moths • and more...

**Qualified in RSPH Level 2 Pest Management**

**Contact me today to attend to any pests you  
have or to discuss your requirements**

Tel: 01761 751 296 Mobile: 07751 722 562  
Email: deanajamieson.pestcontrol@gmail.com  
www.deanajamiesonpestcontrol.co.uk  
Deana Jamieson Pest Control

*She's the best at controlling the pests!*

**Need Legal  
Advice?**

Check out our Virtual Legal Surgery at  
th-law.co.uk or call us on 01761 414646.

Quality legal advice on a range of  
matters, without you leaving the comfort  
of your own home.

th-law.co.uk  
01761 414 646  
enquiries@th-law.co.uk  
f t h i a

**T+H**  
Thatcher + Hallam Solicitors

**TRUSTED RESIDENTIAL AND COMMERCIAL GLAZERS  
WITH OVER 35 YEARS EXPERIENCE**

**Aluminium specialists with in-house design,  
fabrication and fitting teams**

Windows - Doors - Specialist Glazing - Conservatories - Orangeries  
Shop Fronts - Commercial Glazing - Secondary Glazing

Tel. 01761 417654 www.techniglaze.co.uk  
Units 1-6 Fourth Avenue Westfield Trading Estate, Midsomer Norton, Bath BA3 4XE

Techniglaze



# TAILORED HOME INSURANCE RIGHT DOWN TO THE FINEST DETAIL

For high-value properties and contents, including valuables, fine art and collections, choose NFU Mutual Bespoke home insurance.

To discuss your high-value home insurance, call Bath agency on 01761 239382 or search NFU Mutual Bespoke



**NFU Mutual**

BESPOKE INSURANCE

APR Smith & HG Wareham is an appointed representative of The National Farmers Union Mutual Insurance Society Limited (No. 111982). Registered in England. Registered Office: Tiddington Road, Stratford-upon-Avon, Warwickshire CV37 7BJ. Authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. A Member of the Association of British Insurers.